



REHABILITACIÓN DE LESIONES DEPORTIVAS: *Principios y Guías*



Consideraciones Fundamentales: PROGRAMA REHABILITACIÓN

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 Curso: <http://www.saludmed.com/rehablesiones/rehablesiones.html>



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**** Complete las siguientes oraciones ****

- **El objetivo a largo plazo del programa de rehabilitación atlética es...**
- **Sistema neuromuscular forma parte de...**
- **El dolor es indicativo que se debe...**
- **Un objetivo a corto plazo es....**
- **La rehabilitación funcional...**
- **Los ejercicios de cadena cinética cerrada...**



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PRESENTACIÓN DEL PROFESOR

CURSO:

HPER-3380: *Evaluar Lesiones Rehab Física Deportes*

Sección: 6068, MW, 12:00 m.d. - 1:55 p.m., Salón 513

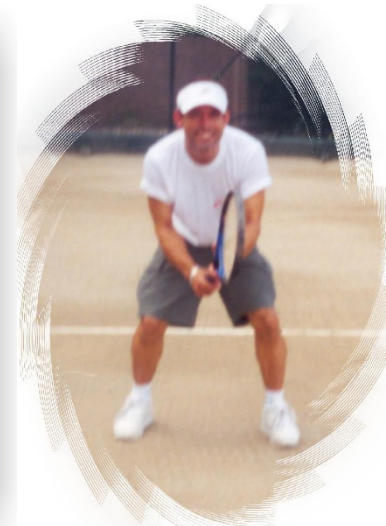


Verificar Matrícula

Profesor:

Edgar Lopategui Corsino

- **B.A., *Educación Física***
- **M.A., *Fisiología del Ejercicio***
- **+30 Años de *Experiencia Pedagógica***
- **Pasión: *Correr, Jugar Tenis, Emprender***





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Tel: Móvil y Texto: (787) 433-1540
Inter: (787) 250-1912, X2286, 2245

F: CITA: Horario Pendiente
TEXTO: Cualquier Hora



- **Lecturas requeridas para la próxima clase**
- **Asignaciones y evaluaciones ha ser completadas para la próxima reunión del curso**
- **Normas de la Clase**
- **Misión de la Universidad**



http://www.saludmed.com/rehablesiones/prontuario/HPER-3380_PRN.pdf



CONSIDERACIONES GENERALES



NOTA: Reproducido de: Wilhelm, J., & Bozeman MT Rehab Specialist (2012, 26 de junio). ***The BEST ab and core exercise you have NEVER seen - Bozeman MT Rehab Specialist*** [Archivo de video]. Recuperado de <https://www.youtube.com/watch?v=yIIlgK0mNOE>

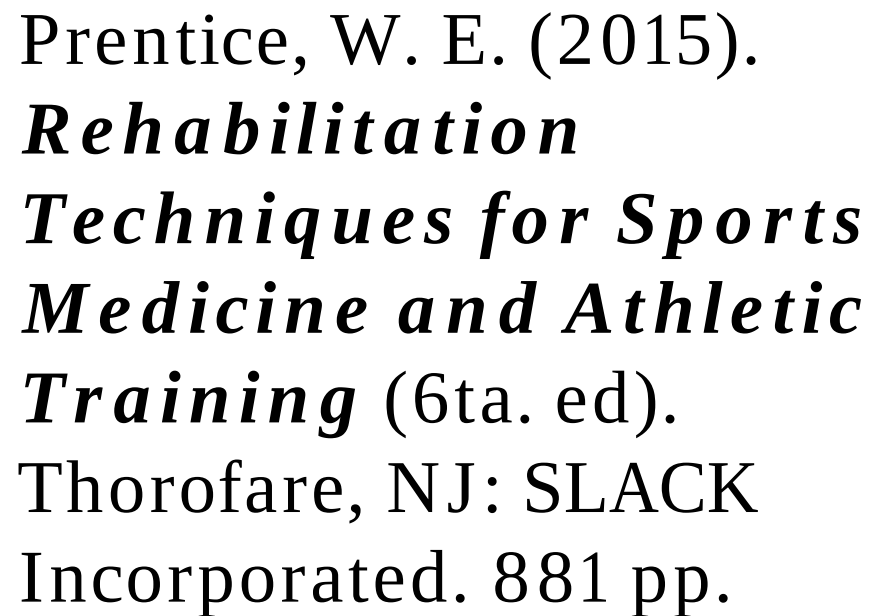
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- 1.
- 2.
- 3.

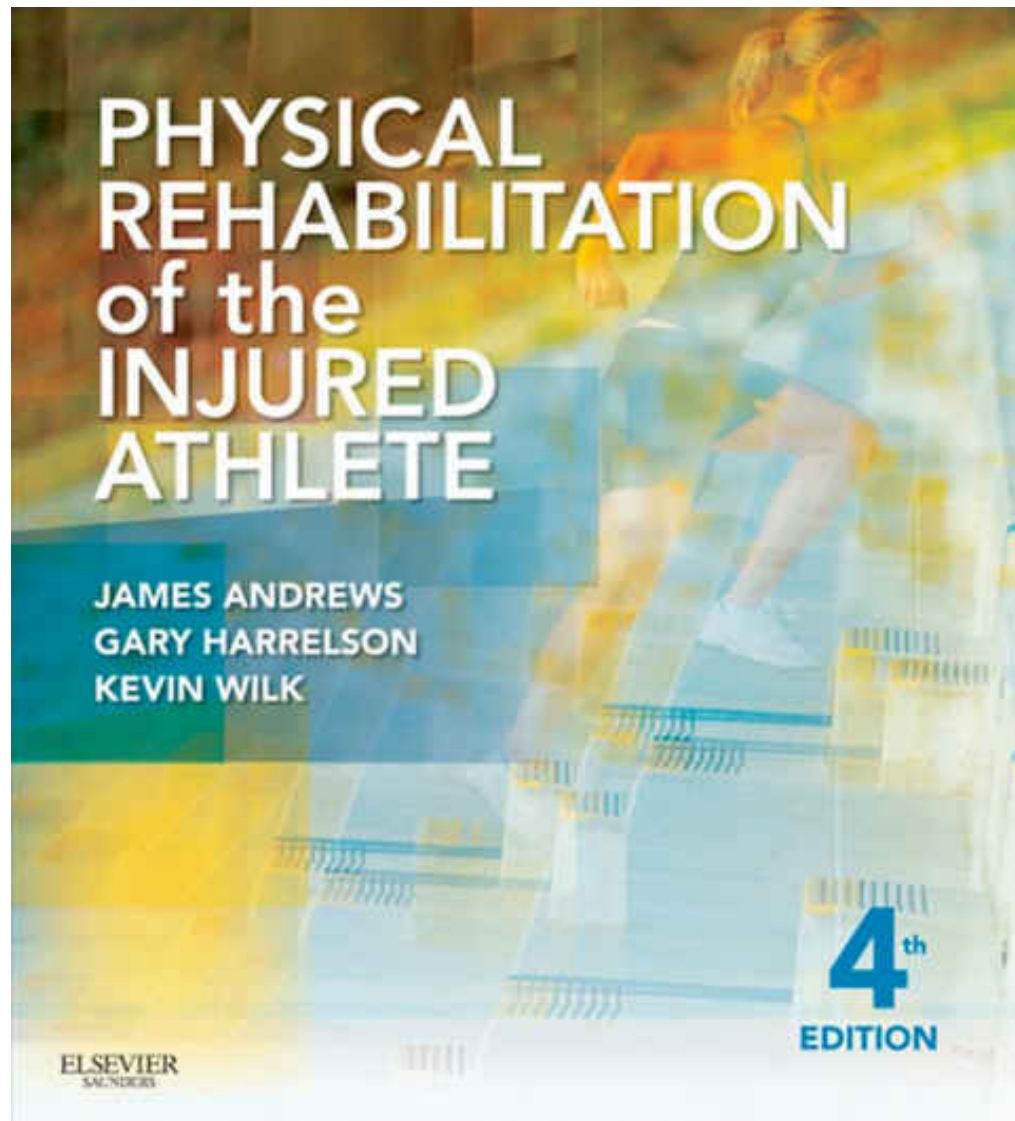
- **LIBROS**
- **ARTÍCULOS**
- **DVD/VIDEOS**
- **ORGANIZACIONES**

LIBROS

113

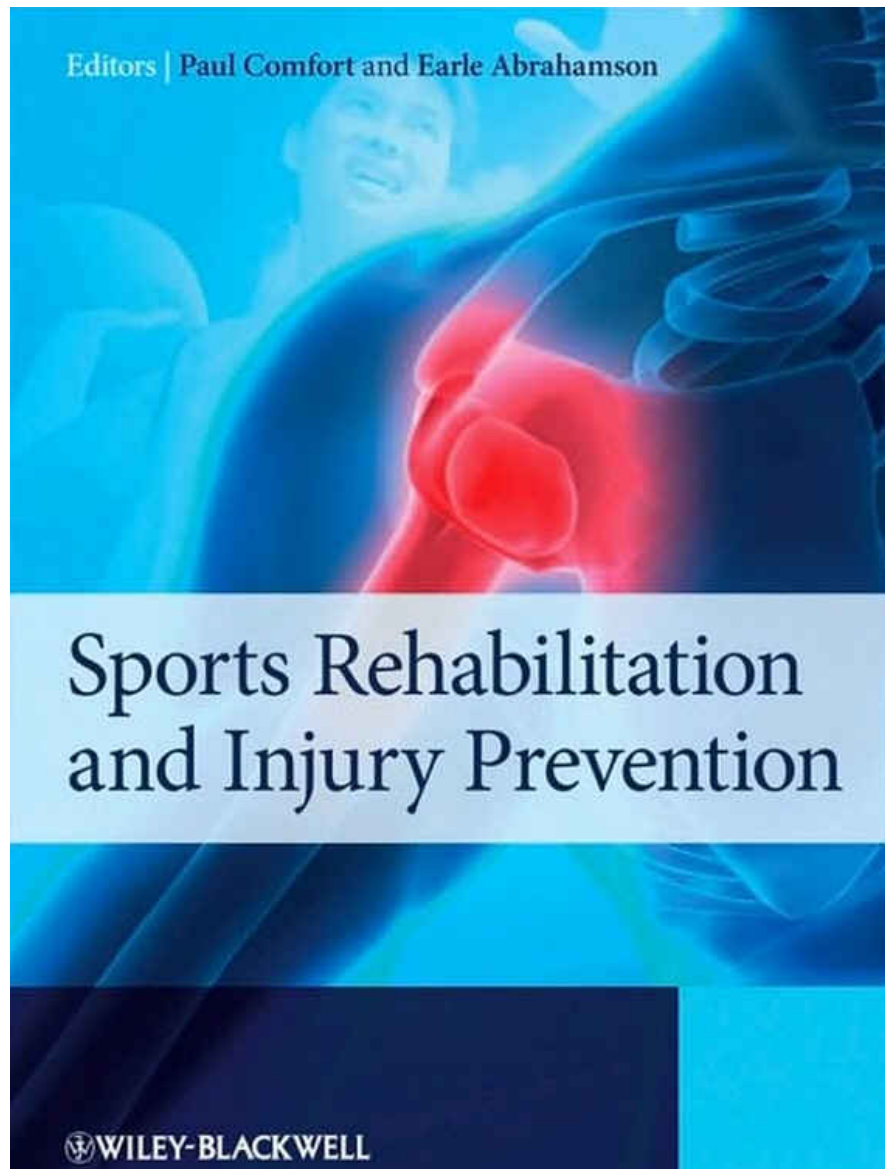


2011



Andrews, J.,
Harrelson, G., & Wilk,
K. (2011). *Physical
Rehabilitation of
the Injured Athlete*
(4ta. ed.).
Philadelphia, PA:
Saunders, an imprint
of Elsevier. 632 pp.

2010



Comfort, P., &
Abrahamson, E. (Eds.).
(2010). *Sports
Rehabilitation and
Injury Prevention*.
Hoboken, NJ: Wiley-
Blackwell (John Wiley &
Sons, Ltd.). 548 pp.

ARTÍCULOS

By Lindsay A. Holmes, PT, DPT, MTC, OCS

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NATA member @RyanSportsMed to provide sports med insight on NBC Sports Net "Pro FB Talk". First appearance was today: profootballtalk.nbcsports.com
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New Video Features Presidential Platforms. In today's new issue of Range of Motion: multibriefs.com/briefs/NATA/N/pic.twitter.com/WTMCTwfiq
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National Athletic Trainers' Association

2952 Stemmons Freeway

Dallas, TX 75247

phone (800) 879-6282

fax (214) 637-2206

Web site: www.nata.org

Board of Certification

4223 South 143rd Circle

Omaha, NE 68137

phone (402) 559-0091

fax (402) 561-0598

Web site: www.bocatc.org

Journal of Athletic Training

6262 Veterans Parkway

Columbus, GA 31909

phone (706) 494-3345

fax (706) 494-3348

e-mail: jathtr@mindspring.com

Web site: www.nata.org/jat

submit online: <http://jat.msubmit.net>

Entry-Level Athletic Training Education Programs

Alabama

Samford University

Athletic Trainer Prgm

PO Box 292448

800 Lakeshore Drive

Birmingham, AL - 35229 US

Degree: BS

Status: Continuing Accreditation

Program Director: Chris A Gillespie

Phone: (205) 726-2379

Email: cagilles@samford.edu

Troy State University

Athletic Trainer Prgm

27 Eldridge Hall

Troy, AL - 36082 US

Degree: BS

Status: Continuing Accreditation

Program Director: John Anderson

Phone: (334) 670-3722

Email: athtrain@troyst.edu

University of Alabama

Athletic Trainer Prgm

P O Box 870311

Tuscaloosa, AL - 35489-0311 US

Degree: BS

Status: Continuing Accreditation

Program Director: Deidre Leaver-Dunn

Phone: (205) 348-8683

Email: dleaver@bama.ua.edu

University of West Alabama

Athletic Training

UWA Station 14

Livingston, AL - 35470 US

Degree: Baccalaureate

Status: Continuing Accreditation

Program Director: R T Floyd

Phone: (205) 652-3714

Email: rtf@uwa.edu



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