

**SPORTS TECHNOLOGY, B.A.**  
**Simple Assessment Plan – Third Cycle – Period: 2022-2025**

Profile of the Competencies of Graduates	Courses	2022-2023	2023-2024		2024-2025	
		2023-30	2024-10	2024-30	2025-10	2025-30
1. Demonstrate knowledge and understanding of the biopsychosocial factors that affect the field of sport technology, in sport scenarios of a competitive and recreational nature, methodologies of sport training or in programs of exercises and physical activities.	HPER <b>3010/3480</b> 3800	3010				
2. Demonstrate knowledge and understanding of the knowledge, concepts and foundations for the prevention, the evaluation and the managing of injuries that happen in sports, physical-sport training and in recreational programs.	HPER 2330/ <b>3050</b> 3380/4180		3050			
3. Demonstrate knowledge and understanding of the nutritional aspects and their effects in sport performance, individual health and the collective well-being.	HPER 3430/ <b>3480</b> 4170/4442	3480				
4. Evaluate the injured person, the potential participant of a program of physical exercise-activity and the competitive-recreational sport activities, as well as the assessment and the alignment of the muscular-skeletal kinetic chain.	HPER 3050/4180/ <b>4200</b> 4308/4310			4200		
5. Apply the different types of therapeutic bandages and the protectors.	HPER 2330/ <b>3050/3051</b> 4441/ <b>4442</b>		4442			
6. Apply the techniques of therapeutic massage, according to the stage of competition of the athlete	HPER <b>3051</b>					3051
7. Apply the basic procedures for the acute and chronic biopsychosocial treatment of typical injuries in athletes and medical emergencies for diverse populations	HPER 3010/3051/3330 <b>3380/3495</b>				3380	
8. Design programs of physical and psycho-social rehabilitation, systems of physical-sport and recreational training, and of physical activity, based on the specific profile of the athlete, the apparently healthful populations, the individuals with a variety of chronic-degenerative diseases, obesity and in the pediatric, geriatric and feminine population.	HPER 3010/3495 <b>4308/4310</b>				4308	
9. Foment the modelling of attitudes that promote health, the integral well-being and the quality of life	HPER <b>2210/3360/</b> 3800/4020			2210		
10. Model a professional practice with ethics based on principles of respect and esteem for the sport technology discipline.	HPER 2210/ <b>3360</b> 3430/4170					3360

Bold: Mastered Level

Revised: December 13, 2022.

Assessment Leader: Prof. Edgar Lopategui