Inter American University of Puerto Rico

Metropolitan Campus

Faculty of Education and Behavioral Sciences

# Department of Education

# SPORTS TECHNOLOGY, B.A.

# Simple Assessment Plan – Third Cycle – Period: 2022-2025

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| **Profile of the Competencies of Graduates** | **Courses** | **2022-2023** | **2023-2024** | | **2024-2025** | |
| 2023-30 | 2024-10 | 2024-30 | 2025-10 | 2025-30 |
| 1. Demonstrate knowledge and understanding of the biopsychosocial factors that affect the field of sport technology, in sport scenarios of a competitive and recreational nature, methodologies of sport training or in programs of exercises and physical activities. | HPER  **3010**/3480  3800 | 3010 |  |  |  |  |
| 1. Demonstrate knowledge and understanding of the knowledge, concepts and foundations for the prevention, the evaluation and the managing of injuries that happen in sports, physical-sport training and in recreational programs. | HPER  2330/**3050**  3380/4180 |  | 3050 |  |  |  |
| 1. Demonstrate knowledge and understanding of the nutritional aspects and their effects in sport performance, individual health and the collective well-being. | HPER  3430/**3480**  4170/4442 | 3480 |  |  |  |  |
| 1. Evaluate the injured person, the potential participant of a program of physical exercise-activity and the competitive-recreational sport activities, as well as the assessment and the alignment of the muscular-skeletal kinetic chain. | HPER  3050/4180/**4200**  4308/4310 |  |  | 4200 |  |  |
| 1. Apply the different types of therapeutic bandages and the protectors. | HPER  2330/**3050/**3051  4441/**4442** |  | 4442 |  |  |  |
| 1. Apply the techniques of therapeutic massage, according to the stage of competition of the athlete | HPER  **3051** |  |  |  |  | 3051 |
| 1. Apply the basic procedures for the acute and chronic biopsychosocial treatment of typical injuries in athletes and medical emergencies for diverse populations | HPER  3010/3051/3330  **3380/**3495 |  |  |  | 3380 |  |
| 1. Design programs of physical and psycho-social rehabilitation, systems of physical-sport and recreational training, and of physical activity, based on the specific profile of the athlete, the apparently healthful populations, the individuals with a variety of chronic-degenerative diseases, obesity and in the pediatric, geriatric and feminine population. | HPER  3010/3495  **4308**/4310 |  |  |  | 4308 |  |
| 1. Foment the modelling of attitudes that promote health, the integral well-being and the quality of life | HPER  **2210**/3360/  3800/4020 |  |  | 2210 |  |  |
| 1. Model a professional practice with ethics based on principles of respect and esteem for the sport technology discipline. | HPER  2210/**3360**  3430/4170 |  |  |  |  | 3360 |

Bold: Mastered Level Revised: December 13, 2022. Assessment Leader: Prof. Edgar Lopategui